

Service User Information Sheet

Seclusion – Your Rights

Information

Seclusion is the supervised confinement of a service user in a room which may be locked to protect others from significant harm.

Staff will verbally inform about your rights. They will tell you:

Why you have been secluded

How long it is likely to last

What you need to do for seclusion to end

Have regular reviews with staff and doctors

How to call staff if you need to.

Your Safety

A member of staff will stay outside the room to make sure you are OK.

If staff need to search you they will tell you why. Staff may take items like shoes, belts, pens etc. You will get them back when it is safe to return them to you.

Dignity and Respect

You will be treated with respect.

You can wear your own clothes

You can use the toilet and have a wash.

Food and Drink

You will be offered food at regular intervals.

You will be offered a drink at regular intervals.

Visits and Messages

Senior staff will visit you regularly. You will be able to speak with them. When possible you can send messages to your friends and relatives. If you may be in seclusion for a long period you may have visitors if it is felt appropriate and beneficial.

Questions and complaints

If you have any questions or complaints, raise them with the member of staff dealing with you.

If you prefer, speak to a senior member of staff when they visit you. If you are still not happy, ask to speak with the ward manager or write to the service manager for the unit/ward you are on