

COMMUNITY ACTION FOR PARTNERSHIPS IN HEALTH MICROGRANTS PROGRAMME: GRANT RECIPIENTS

NHS Legacy and Health Equity Partnership (LHEP) in partnership with
Greater London Authority (GLA)



SUPPORTED BY
MAYOR OF LONDON



INTRODUCTION TO COMMUNITY ACTION FOR PARTNERSHIPS IN HEALTH (CAPH)

On 19 July 2023 the NHS London Legacy and Health Equity Partnership (LHEP) hosted the first Community Action for Partnerships in Health (CAPH) conference in collaboration with the Greater London Authority (GLA). The conference was attended by over 100 participants representing a wide range of VCSE partners as well as national, regional and local health systems, including participants from the NHS, GLA, UKHSA and London Councils. The conference was an opportunity to hear from the voices of our communities and partners and launched the CAPH microgrant initiative.

Through the CAPH microgrant initiative, London based organisations who work directly with communities were invited to apply for a microgrant of up to £5,000 to support the implementation of a work programme, the gathering of community insights, or the design and delivery of a bespoke initiative, in line with the themes of the grant programme.

The aim of the microgrant programme and CAPH as a whole is to:

- Strengthen relationships between communities and health services, to increase trust in the NHS and support services to respond to community health priorities
- Reduce health inequalities and improve the health and wellbeing of London communities
- Support communities to navigate health services and improve the cultural competence of services

This pack outlines the successful recipients of the grants programme, with over 3,000 people from a wide range of communities estimated to be reached through this initiative. More information on the grants and the awarding process can be found at <https://rocketsciencelab.co.uk/2023/07/caph/>. More information about LHEP and the GLA can be found [here](#).

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MENUCHA LTD

PROJECT TITLE: COMMUNITY AND HEALTH PROFESSIONALS LEARNING PROGRAMME

(C-HELP) SMALL TALKS

BOROUGH(S): BARNET

Summary:

Our four C-HeLP small talks educate the orthodox Jewish community (particularly young women) about Perinatal Mood Disorders (PMDs) and the services available for them and teach health professionals in those services about the specific needs of orthodox Jewish Women with PMDs.

The talks for Jewish women focus on popular topics requested by clients and participants in previous events, such as navigating NHS therapeutic services, social services, relationships, and baby-bonding.

At the health professionals talks, Jewish communal leaders present general Jewish beliefs and practices as well as those more specific to pregnancy, childbirth and the postnatal period.

TO REACH:

450 PEOPLE

FIND OUT MORE:

Website:

<http://www.menucha.info>

Twitter:

www.twitter.com/LondonMenucha

Instagram:

www.instagram.com/menucha_london

Facebook:

www.facebook.com/MenuchaLondon

THE HAPPY BABY COMMUNITY

PROJECT TITLE: CULTIVATING HEALTHFUL BEGINNINGS: EMPOWERING PREGNANT MUMS IN GESTATIONAL DIABETES PREVENTION.

BOROUGH(S): CROYDON; KINGSTON; MERTON; SUTTON; WANDSWORTH

Summary:

Empowering pregnant people seeking asylum through collaborative workshops, fostering nutritional awareness and advocacy to combat gestational diabetes.

Our co-produced program cultivates knowledge, trust, and communication, enabling women to make positive choices for themselves and as peer advocates. In partnership with midwives, nutritionists, and the community, we build resilience, curbing the historically high rates of gestational diabetes. Engaging videos will amplify our impact, along with appropriate written material shared in Happy Baby Community hospital bags.

**TO REACH:
200 PEOPLE**

FIND OUT MORE:

Website:

<http://www.happybabycommunity.org.uk>

MISGAV

PROJECT TITLE: AWARENESS/SUPPORT FOR YOUNG WOMEN WITH SO CALLED 'HIGH-FUNCTIONING' AUTISM/ADHD

BOROUGH(S): HACKNEY; HARINGEY

Summary:

Through four sessions (two hours each) designed by a clinical psychologist 80+ young women (YPs) from the local Orthodox Jewish (OJ) community will learn about: autism and Attention deficit hyperactivity disorder (ADHD), support available, mental health strain and implications of un/misdiagnosed autism or ADHD in women and about good MH hygiene which helps to mitigate some of the mental health implications.

The project is aimed to equip YPs with knowledge and MH tools especially those who would not be priority for formal assessments. It aims to bridge the gap between struggling adult Mental Health services and YPs with lower needs who are impacted by autism and ADHD.

**TO REACH:
80 PEOPLE**

FIND OUT MORE:

Website:

www.misgav.org.uk

Twitter:

www.twitter.com/Misgavcharity

MUSLIM DOCTORS ASSOCIATION & ALLIED HEALTH PROFESSIONALS CIC

**PROJECT TITLE: CULTURALLY RESPONSIVE HEALTH MOT MOSQUE POP
UP CLINICS**

BOROUGH(S): LONDON-WIDE

Summary:

Muslims in the UK are more likely to live in poverty and face some of the worst health inequalities; this is particularly acute in some London boroughs. Through this project, we aim to use places of worship as trusted spaces to reduce the barriers experienced by Muslim communities in accessing health services and community initiatives addressing social determinants of health.

Our objectives include screening for health risks by trained professionals including physical and mental health issues, providing evidence-based brief interventions, and signposting to local health and social prescribing services through a culturally responsive, holistic and whole systems approach.

**TO REACH:
150 PEOPLE**

FIND OUT MORE:

Website:

<https://muslimdoctors.org/>

Twitter: @muslimdoctors

LinkedIn:

<https://uk.linkedin.com/company/muslim-doctors-association>

Facebook:

https://www.facebook.com/muslimdoctorsassociation/?locale=en_GB

Instagram:

<https://www.instagram.com/muslimdoctorsassociationuk/>

STITCHES IN TIME LTD

PROJECT TITLE: BUILDING HEALTH CONNECTIONS WITH MARGINALISED MIGRANT

WOMEN IN TOWER HAMLETS

BOROUGH(S): TOWER HAMLETS

Summary:

Empowering people to advocate for themselves and bridging unseen gaps between local services and marginalised voices. Through a series of events with invited guests from health services and other areas to hear from women across our network, share knowledge about health systems and how to navigate them.

Attendees and guests will additionally work towards a creative output highlighting issues raised and possible solutions, this handmade piece will accompany a framework document, to inform other organisational and local health service approach to our delivery, and share learning, including our recommendations.

TO REACH:

210 PEOPLE

FIND OUT MORE:

Website:

<http://stitchesintime.org.uk>

Twitter:

[@Stitchesintime](https://twitter.com/Stitchesintime)

Instagram:

[@Stitchesintime](https://www.instagram.com/Stitchesintime)

Facebook:

StitchesintimeLondon

THE LOVE TANK CIC

PROJECT TITLE: DEVELOPING A VACCINATION/PREP INITIATION OUTREACH MODEL FOR YOUNG GBMSM.

BOROUGH(S): HACKNEY; NEWHAM; TOWER HAMLETS

Summary:

This project, in partnership with sexual health professionals at Homerton NHS Trust, will develop an outreach model for initiating GBMSM in London aged 18–25 on HIV PrEP medication and providing sexual health vaccinations.

This project will stress-test adapting an existing outreach model for sexual health – developed by The Love Tank, operating from LGBTQ+ and community settings – to include PrEP provision, on-site HIV testing, and appointment booking. Focus groups with young PrEP-eligible GBMSM and stakeholders will assess and refine the feasibility, acceptability, and appearance of this model – aiming to improve uptake of HIV PrEP and vaccinations among young GBMSM.

**TO REACH:
35 PEOPLE**

FIND OUT MORE:

Website:

<http://www.thelovetank.info>

Twitter:

[Twitter.com/theLOVETANKCIC](https://twitter.com/theLOVETANKCIC)

Instagram:

[Instagram.com/theLOVETANKCIC](https://www.instagram.com/theLOVETANKCIC)

VISION ABILITY CIC

PROJECT TITLE: ENABLING ACCESS

BOROUGH(S): HACKNEY; NEWHAM; REDBRIDGE; TOWER HAMLETS

Summary:

Our primary objective is to enhance the quality of healthcare interactions by fostering stronger ties, facilitating easier access, and ensuring services are culturally and contextually precise, through a series of events, focus groups, surveys and one-to-one support, linking residents with relevant health and care services and providers.

Our initiative focuses on assisting people with disabilities from ethnic minority backgrounds, a group that has historically faced barriers to accessing quality healthcare.

The project will be delivered by volunteers and professionals, all of whom have either lived experience, or deep understanding of the problems our service users are facing.

**TO REACH:
80 PEOPLE**

FIND OUT MORE:

Website:

<http://www.visionability.org.uk>

LinkedIn:

<https://www.linkedin.com/company/vision-ability/>

WINNERS COMMUNITY GROUP CIC

PROJECT TITLE: SENIORS IN PHYSICAL ACTIVITY

BOROUGH(S): BARKING AND DAGENHAM; ENFIELD; HARINGEY; HAVERING; REDBRIDGE

Summary:

An innovative project enabling senior citizens to participate in sports, recreation, and physical activities for the purpose of improving their health and well-being.

Through this, Winners Community Group CIC will develop and implement a health network program bringing health and well-being professionals such as physiotherapists, keep fit instructors, general practitioners, mental health and general social workers together with our people seeking asylum and refugee community group working in partnership through six monthly network seminar meetings. and sessions starting from October 2023.

TO REACH:

60 PEOPLE

FIND OUT MORE:

Website:

<http://winnerscommunitycic.com>

YOU PRESS

PROJECT TITLE: HEALING VOICES

BOROUGH(S): NEWHAM

Summary:

We plan to design and deliver a three-day project (in the style of a community conference) that will work with community members and NHS / Health Service providers. The demographic of the group will be split into four subgroups, consisting of youth, adults, junior, and senior service NHS / Health Service providers.

Through our successful 'reflective storytelling methodology', our aim is to humanise the experiences of mental service users and NHS/Health providers. This will be in line with the Community Mental Health Framework, especially in reducing health inequalities and improving the outcomes for underrepresented groups.

TO REACH:

20 PEOPLE

FIND OUT MORE:

Website:

<http://www.youpress.org.uk>

Social media:

<https://linktr.ee/youpress>

ABDUL MAGEED EDUCATIONAL TRUST

PROJECT TITLE: VIBRANT & HEALTHY COMMUNITY HUB

BOROUGH(S): CAMDEN; HAMMERSMITH AND FULHAM; ISLINGTON; KENSINGTON AND CHELSEA; WESTMINSTER

Summary:

We are aiming to provide a series of health promotion workshops covering different themes identified by our members by holding a consultation event to coproduce initially.

We will be working particularly with Arabic speaking and African communities including the Sudanese community amongst others, which has been experiencing bereavement; stress; anxiety and worries due to conflict in Sudan.

Many people lost their loved ones or have family members trapped in the conflict's cities or fled as refugees to the neighbouring countries. We will provide a hub for the community members to meet for receiving health information; socialize; network and for solidarity.

TO REACH:

150 PEOPLE

FIND OUT MORE:

Website:

<http://https://www.amet.online/english>

ALRIDHA FOUNDATION

PROJECT TITLE: EMPOWERING ARAB COMMUNITIES FOR HEALTH EQUITY: A COLLABORATIVE APPROACH BOROUGH(S): BRENT; HARROW

Summary:

'Empowering Arab Communities for Health Equity: A Collaborative Approach' is a transformative project by the Alridha Foundation, targeting Harrow and Brent in London.

Through three tailored community workshops, three community dialogues/forums, surveys, interviews and 5 media campaigns, we aim to bridge health inequalities, enhance health service access, and foster strong partnerships between Arab communities and local health providers. Our approach fosters understanding, empowers individuals, and cultivates lasting change, ensuring that community health priorities are addressed. Join us in creating a healthier, more equitable future for all.

TO REACH:

1000 PEOPLE

FIND OUT MORE:

Website:

<http://www.alridha.org>

Twitter:

www.twitter.com/alridha_fdn

Instagram:

www.instagram.com/alridhafoundation

Facebook:

www.facebook.com/alridhafoundation

FAMILY FRIENDS

PROJECT TITLE: PEER SUPPORT

BOROUGH(S): KENSINGTON AND CHELSEA

Summary:

Aim to collaborate with the NHS Primary Care team at Golborne surgery, Imperial Paediatrics Long Term monitoring and North West London Integrated Care Board (NWL ICB). This Project proactively marries health care with community support – for families in Golborne and Kensal New Town, North Kensington.

This first phase will be to understand and develop a befriending and peer-support model to work alongside the Children and Young People (CYP) social prescribing team. Using tried and tested methodology, we will implement a trial of this period with resources based around the needs found within the 'health checks' clinic to pick-up families with a range of extra needs.

**TO REACH:
50 PEOPLE**

FIND OUT MORE:

Website:

<http://www.familyfriends.uk.com>

HORN OF AFRICA DISABILITY AND ELDERLY ASSOCIATION (HADEA)

PROJECT TITLE: BLACK HEALTH MATTERS IN EALING

BOROUGH(S): EALING

Summary:

HADEA is proposing a series of events that will bring together marginalized Ealing Black communities and key health providers/services to address and discuss inequalities and concerns in relation to their health and wellbeing. These discussions will be focusing on finding solutions to identified issues/needs. HADEA works with 400+ marginalized black residents each year and it is from these engagements over many years that has inspired our project activities.

**TO REACH:
80 PEOPLE**

- 1.Challenges When Accessing Health and Social Care Services
- 2.Hardly Hard to Reach: Promoting Cultural Competence
- 3.Black Men and Mental Health
- 4.Female Genital Mutilation; Perspective from the Somali and West-African communities

UNFOLD

PROJECT TITLE: WOMEN'S PEER SUPPORT GROUPS

BOROUGH(S): KENSINGTON AND CHELSEA; WESTMINSTER

Summary:

Our Women's Support Groups offer a safe and supportive space where women can make friends and support one another.

Women can come as often as they like, for as long as they like, and our groups are free. With refreshments and an experienced facilitator, we signpost and refer women to other relevant services to ensure they can rapidly access the services they need.

We also host awareness sessions on topics such as women's health, menstrual hygiene, contraception, cancer, menopause, children's health, maternity trauma and loss, healthy relationships, and diabetes, led by local NHS trusts, integrated care boards, and health charities.

TO REACH:

60 PEOPLE

FIND OUT MORE:

Website:

www.unfold.org.uk/

Instagram:

<https://www.instagram.com/unfoldmentoring/>

Facebook:

<https://www.facebook.com/UnfoldMentoring/>

Twitter:

<https://twitter.com/UnfoldMentoring>

COCO COLLECTIVE COMMUNITY HUB

PROJECT TITLE: WELLBEING WEDNESDAYS

BOROUGH(S): LEWISHAM

Summary:

Coco Collective aims to improve cultural competence of services mitigating health inequalities by utilising community gardening as a proven pathway and early intervention tool to mental health concerns for marginalised communities via:

- working in partnership with local health services,
- in order to build sustainable methods in accessing our community gardens for those most in need.

Gardening sessions will be delivered to those experiencing early-stage mental health concerns to cover a range of gardening activities including using edible plants & herbs for wellbeing with the opportunity to continue their learning during our weekend gardening open days.

**TO REACH:
50 PEOPLE**

FIND OUT MORE:

Website:

<http://coco-collective-community-hub.business.site>

Instagram:

www.instagram.com/cococollective.org/

Facebook:

www.facebook.com/cococollective.org

LAMBETH SOMALI COMMUNITY ASSOCIATION

PROJECT TITLE: COMMUNITY HEALTH ACCESS PROJECT (CHAP)

BOROUGH(S): LAMBETH; SOUTHWARK; WANDSWORTH

Summary:

In CHAP Project we intend to formulate a number of culturally suitable workshops in which health professionals deliver a targeted activity covering, the benefit of vaccine for young children and elderly, the importance of health check for those live with chronic illnesses like diabetes, heart disease, liver disease, hypertension, diet and obesity.

Similarly, the project will emphasize the importance of improving the relationship between the community members and the local medical centres like GPs and local hospitals.

**TO REACH:
214 PEOPLE**

LONDON LGBTQ+ COMMUNITY CENTRE

PROJECT TITLE: LGBTQ+ VOICES & OUR HEALTH

BOROUGH(S): LONDON-WIDE

Summary:

According to Stonewall's LGBT in Britain – Health Report (2018), one in eight LGBT people (13%) have experienced some form of unequal treatment from healthcare staff because they're LGBT.

Our project will gather insights as to how to improve healthcare services to truly welcome LGBTQ+ patients.

We will host six open meetings with a queer doctor for the community to share their concerns: e.g.:

1. Do they have a doctor they trust?
2. Do they feel safe / represented in the surgery?
3. Do they feel their doctor understands / knows their health concerns?
4. Do they visit a doctor?

**TO REACH:
90 PEOPLE**

FIND OUT MORE:

Website:

<http://https://londonlgbtqcentre.org/>

Instagram:

<https://www.instagram.com/ldnlgbtqcentre/>

Facebook:

<https://www.facebook.com/ldnlgbtqcentre/>

Twitter:

<https://twitter.com/ldnlgbtqcentre>

LinkedIn:

<https://www.linkedin.com/company/london-lgbtq-community-centre-project>

TikTok:

<https://www.tiktok.com/@ldnlgbtqcentre>

PEOPLE FIRST (SELF ADVOCACY)

PROJECT TITLE: ADVOCACY PLUS - LIVING OUR BEST LIVES!

BOROUGH(S): LAMBETH

Summary:

Living our best lives! – A peer-led peer support wellbeing project providing accessible and interactive workshops on topics that people with learning difficulties/disabilities have told us they want and need. A programme of workshops co-produced over 6 months covering:

- Sex, Love and Relationships (part 2)
- Physical and emotional health – annual health checks.
- Accessing services – using online appointment/assessment systems (E.g., GP, Dentist, benefits).
- Home and housing
- Bereavement – death and dying.
- Safe socialising

The overall aim is to reduce the negative impact health inequalities have on our mental and physical health, and ability to live independently in the community.

**TO REACH:
50 PEOPLE**

FIND OUT MORE:

Website:

<http://https://www.peoplefirstltd.com/>

Twitter:

https://twitter.com/PFselfadvocacy_

YouTube:

<https://www.youtube.com/@peoplefirstltd1329>

Facebook:

https://www.facebook.com/peoplefirstselfadvocacy_

CLEARCOMMUNITYWEB CIC

PROJECT TITLE: HEALTHY DIGITAL

BOROUGH(S): BROMLEY; LAMBETH; SOUTHWARK

Summary:

We will provide a programme of workshops, individual support and 'resident champion' training to help improve local residents' relationship and access to technology and internet.

We will directly raise awareness and increase the usage of the NHS App, eConsult and other digital services for health self-care.

ClearCommunityWeb help older people, people in vulnerable circumstances and carers feel more confident and comfortable with technology through classes, workshops and individual support.

Our mission is to help people develop their digital skills, awareness and confidence in order to learn new things, live more independently and connect with their community.

**TO REACH:
160 PEOPLE**

FIND OUT MORE:

Instagram:

<https://instagram.com/clearcommunityweb>

Twitter:

<https://twitter.com/clearcommunity>

Facebook:

<https://facebook.com/clearcommunityweb>

LinkedIn:

<https://linkedin.com/in/ckennerdale>

CONNECT: NORTH KOREA

PROJECT TITLE: IMPROVE HEALTH AND RESILIENCE OF MINORITY NORTH KOREAN

REFUGEE COMMUNITY

BOROUGH(S): KINGSTON

Summary:

This project will improve health, wellbeing and resilience of the marginalised North Korean refugee community impacted by health inequalities, through individual health checks, community action sessions to improve community understanding of services available and practical support to access existing services.

This project will also gather data and insights into health priorities of the North Korean community and work in close partnership with the NHS and other local services to better respond to community health needs and reduce identified barriers to access, experience and outcomes in public healthcare.

TO REACH:

120 PEOPLE

FIND OUT MORE:

Website:

<http://www.connectnorthkorea.org>

Instagram:

<https://www.instagram.com/connectnorthkorea/>

Facebook:

<https://www.facebook.com/ConnectNorthKorea>

Twitter:

https://twitter.com/i/flow/login?redirect_after_login=%2FConnectNorthKorea%2F

ABOUT US

THE LONDON LEGACY HEALTH EQUITY PARTNERSHIP (LHEP)

LHEP is an NHS-funded, multi-stakeholder programme for London that builds on lessons learnt from COVID and seeks to mitigate health inequalities in screening, immunisations and access to health. LHEP focuses on innovative and sustainable approaches developed and delivered in collaboration with London communities and with London health partners including NHSE, UK Health Security Agency, Office for Health Improvements and Disparities, the Greater London Authority, Association of Directors of Public Health and London Councils.

GREATER LONDON AUTHORITY (GLA)

The GLA Community Resilience Team focuses on working across partners to strengthen responses to the challenges and risks London faces. The team have a specific focus on building community resilience to emergencies. This includes working with local authorities, community and voluntary sector partners, faith groups and more. Find out more www.london.gov.uk.