Classification: Official



Publication Guidance for the Discharge Ready Date Monthly Publication

November 2023

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Introduction

The UEC Recovery Plan (30/01/2023) committed to publishing, by the start of winter 2023, a metric or suite of metrics based on the new 'discharge ready date' data field that all acute trusts were required to start recording from April 2023. The discharge ready date records the start date of the final period that the patient no longer meets the 'Criteria to Reside*' in a hospital bed for their episode of care.

The key aims for this commitment are to publish new information that allows is to better measure and understand discharge delays.

Previous published data has been based on the number of patients in hospital on a given day who are medically optimised for discharge but have not been discharged by the end of that day.

The new dataset shows what proportion of people are discharged on the day they are medically optimised for discharge, and a breakdown of the different lengths of stay beyond this date.

The intention is to provide better data on how long patients are waiting to leave hospital after their discharge ready date so that local systems can work together to reduce those waits.

This publication will be classed as an Official Statistic in Development and include only those trusts providing acceptable data throughout the reporting period.

The suite of metrics report on the percentage of discharges within certain thresholds and the total bed days after discharge ready date for patients discharged within certain thresholds.

This is an important publication and helps to drive the effective implementation of wider Hospital Discharge policies, leading to better care for patients and service users. It will increase understanding of the comparative number of patients discharged at different points in relation to the date on which they become medically optimised discharge (their discharge-ready date) and help local systems decide where to target efforts to reduce delayed discharges and improve outcomes for patients.

*Criteria to reside definitions are available in <u>Annex D</u> of the Hospital Discharge and Community Support Guidance

Source

Data in the publication are based on a discharge cohort from a SUS (Secondary Uses Service) monthly extract taken after the Reconciliation Inclusion date (see the <u>SUS+Submission Timetable</u> for details).

Exclusion Criteria

The data in the publication has the following exclusion criteria, in line with the discharge ready date (DRD) submission criteria:

- Patients under 16 years old
- Length of stay of 0 days
- Method of Admission other than elective or emergency (codes 31, 32, 82, 83)
- Those who die in hospital and those transferred to other hospitals/hospices
 (<u>Destination of Discharge</u> codes 51, 52, 87, 88, 79 or <u>Method of Discharge</u> codes 4, 5)
- Treatment function groups not equal to "specific acute" (see Annexe for details)

Data Quality

Within the publication, all acute providers are listed with a classification of whether they are submitting data which meets the acceptance criteria throughout the reporting period. There are four checks in place to determine this classification. If any of them are classed as ""Not accepted" then the provider is classified as such.

The following acceptance criteria have been applied:

- Proportion of discharges where the DRD is equal to the discharge date. Where this is equal to 100%, this is regarded as "Unacceptable".
- Proportion of discharges where the DRD is impossible, i.e. It is either before admission or after discharge. Where this is over 5%, this is regarded as "Unacceptable".
- Average delay (in days), for those with delays of at least 1 day. This is the difference between the DRD and the discharge date. Where this is less than 2, or greater than 30, this is regarded as "Unacceptable".
- The proportion of bed days that occurred after the DRD. Where this is less than 2.5%, or greater than 60%, this is regarded as "Unacceptable".

NHS England is monitoring the quality of submitted data and working closely with regional colleagues to drive improvement.

Some trusts have a performance that naturally falls outside the above Acceptance Criteria.

This is most likely the case for trusts providing specialist services (Type 2).

In such situations these trusts might be included as exceptions.

Guidance notes on data items

The full set of metrics within the publication are listed below.

- Number of providers submitting acceptable data
- % of providers submitting acceptable data

% of patients discharged where

- Date of discharge is same as Discharge Ready Date
- Date of Discharge is 1+ days after Discharge Ready Date

% of patients discharged after their Discharge Ready Date but discharged within

- 1 day
- 2-3 days
- 4-6 days
- 7-13 days
- 14-20 days
- 21 days or more

Total bed days after Discharge Ready Date for patients discharged within

- 1 day
- 2-3 days
- 4-6 days
- 7-13 days
- 14-20 days
- 21 days or more

Contacts and resources

Please direct queries relating to this collection to: england.nhsdata@nhs.net

Annexe

Treatment functions codes matching "specific acute"

100: General surgery200: Aviation and Space Medicine Service101: Urology211: Paediatric urology

102: Transplantation surgery 212: Paediatric transplantation surgery

103: Breast surgery213: Paediatric gastrointestinal surgery104: Colorectal surgery214: Paediatric trauma and orthopaedics

105: Hepatobiliary & pancreatic surgery

215: Paediatric trauma and orthopaedics
215: Paediatric ear nose and throat
216: Upper gastrointestinal surgery

216: Paediatric ophthalmology

107: Vascular surgery108: Spinal surgery service217: Paediatric maxillo-facial surgery218: Paediatric neurosurgery

109: Bariatric Surgery Service219: Paediatric plastic surgery110: Trauma & orthopaedics220: Paediatric burns care111: Orthopaedic Service221: Paediatric cardiac surgery

113: Endocrine Surgery Service 222: Paediatric thoracic surgery

115: Trauma Surgery Service 230: Paediatric Clinical Pharmacology Service

130: Ophthalmology 241: Paediatric pain management 140: Oral surgery 242: Paediatric intensive care 141: Restorative dentistry 250: Paediatric Hepatology Service 142: Paediatric dentistry 251: Paediatric gastroenterology 143: Orthodontics 252: Paediatric endocrinology 144: Maxillo-facial surgery 253: Paediatric clinical haematology 145: Oral and Maxillofacial Surgery Service 254: Paediatric audiological medicine 150: Neurosurgery 255: Paediatric clinical immunology and allergy 160: Plastic surgery 256: Paediatric infectious diseases 161: Burns care 257: Paediatric dermatology 170: Cardiothoracic surgery 258: Paediatric respiratory medicine 171: Paediatric surgery 259: Paediatric nephrology 172: Cardiac surgery 260: Paediatric medical oncology 173: Thoracic surgery 261: Paediatric metabolic disease 174: Cardiothoracic transplantation 262: Paediatric rheumatology 180: Accident & emergency 263: Paediatric diabetic medicine 190: Anaesthetics 264: Paediatric cystic fibrosis 191: Pain management 270: Paediatric Emergency Medicine Service 192: Critical care medicine 280: Paediatric interventional radiology 300: General medicine 347: Sleep Medicine Service 301: Gastroenterology 348: Post-COVID-19 Syndrome Service 302: Endocrinology 350: Infectious diseases 303: Clinical haematology 352: Tropical medicine 304: Clinical physiology 360: Genitourinary medicine 305: Clinical pharmacology 361: Nephrology 306: Hepatology 370: Medical oncology 307: Diabetic medicine 371: Nuclear medicine 308: Blood and marrow transplantation 400: Neurology 309: Haemophilia service 401: Clinical neurophysiology 310: Audiological medicine 410: Rheumatology 311: Clinical genetics 420: Paediatrics 313: Clinical immunology and allergy service 421: Paediatric neurology 314: Rehabilitation service 422: Neonatology 315: Palliative medicine 430: Geriatric medicine 316: Clinical immunology 431: Orthogeriatric Medicine Service 317: Allergy service 450: Dental medicine specialties 318: Intermediate care 451: Special Care Dentistry Service 319: Respite care 460: Medical ophthalmology 320: Cardiology 461: Ophthalmic and Vision Science Service 321: Paediatric cardiology 502: Gynaecology 322: Clinical microbiology 503: Gynaecological oncology 323: Spinal injuries 505: Fetal Medicine Service 324: Anticoagulant service 663: Podiatric surgery 325: Sport and exercise medicine 670: Urological Physiology Service

240: Paediatric Palliative Medicine Service

673: Vascular Physiology Service

326: Acute Internal Medicine Service

120: Ent

327: Cardiac rehabilitation

328: Stroke medicine

329: Transient ischaemic attack

330: Dermatology

333: Rare Disease Service

335: Inherited Metabolic Medicine Service

340: Respiratory medicine

341: Respiratory physiology

342: Programmed pulmonary rehabilitation

343: Adult cystic fibrosis

675: Cardiac Physiology Service

677: Gastrointestinal Physiology Service

800: Clinical oncology (previously radiotherapy)

810: Radiology (retired)

811: Interventional radiology

812: Diagnostic imaging

822: Chemical pathology

834: Medical virology