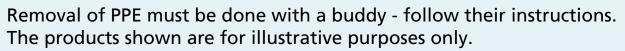
# Personal Protective Equipment (PPE) for suspected high consequence infectious diseases **How to remove PPE (doffing).**



- open the door out of the patient room. Ensure a buddy is available to observe PPE removal. If buddy is not present, shout for attention of a staff member to assist you, DO NOT attempt to remove PPE without a buddy
- ensure demarcated PPE removal areas are clearly marked before starting the process. Do not exit into clean / Green zone wearing PPE
- if aware of any PPE breach or high-exposure contamination to PPE, inform the buddy before removing PPE

# Step 1

Step 2

- Remove your apron by pulling forward from the front of the apron to break the neck and waist strings.
- Roll the dirty outer side of the apron into itself, keeping hold of the inner 'clean' side.
- Continue to roll it up, and then place in the bin.

• Remove your top gloves

below. Glove removal

without touching the pair

should follow one of two

'pinch and pull' methods

(HSE or Health Education

England's e-Learning for

Healthcare), according to

whichever the wearer is

already trained in.



#### Step 4

- To remove your visor, stand straight, **do not bend forwards**, as this brings the bottom of the visor into contact with your (clean) upper body.
- Reach for the elastic strap at the back of the head, close your eyes and lift the strap upwards then over the head.
- Place the visor into the bin.

### Step 5a (front opening hood):

- Remove the hood touching **only** its outer surface.
- Bring your hand towards the chin area and locate the upper Velcro fastening on the hood.
- Slowly release the Velcro fastening and pull out to the side, keeping it in your vision.
- Repeat for the Velcro fastening at the base of the hood.



#### Step 3

- Untie the gown at the waist.
- Remove by grabbing shoulder areas and pulling to release the Velcro at the back of the neck.
- Pull the gown away from the body, folding inside out, and gathering up the material. The taped long gloves should come off with your gown.
- Carefully place into the bin but **do not push down**.



### Step 5b (closed neck hood):

- Remove the hood touching **only** its outer surface.
- If the elasticated rim of the face opening is under the rim of the lower edge of the mask, carefully pull the hood forward slightly at chin level to free it.





# Step 6

- To lift off the hood, **close your eyes** and bend forwards from the waist/hips, making sure you keep your chin well away from your chest.
- Lift the hood up and over the head, then away from you.
- Stand straight again and place the hood into the bin.

## Step 7

 Remove your bottom gloves using the same technique as before and dispose into bin.



#### Step 8

- The buddy will dispense alcohol gel into your hands for hand hygiene.
- Perform hand hygiene using the 6-step technique.
- Ensure alcohol gel is completely dry before proceeding to next step.

#### Step 9

- Remove FFP3 respirator by standing up straight and reaching to the back of the head to find the bottom strap and bring it up to the top strap.
- Lift straps over the top of the head. **Avoid bending your neck** as this allows the respirator to touch your upper body.
- Let the respirator fall away from your face and place in the bin.



## Step 10

- To remove your boots, move towards the clean zone so that you can easily step into it. The clean zone should be clearly marked.
- If needed, step onto each heel to loosen before either boot is removed.
- Step out of boot into the clean zone. Do not step back into the dirty area. A buddy in the green zone may support boot removal.

#### Step 11

- Turn round, pinch the inner surfaces of boots together and place into the bin.
- Do not touch the outer surfaces.
- If unable to safely reach from the clean zone, leave boots where they are and the next person to enter doffing zone can move them.



## Step 12

 Used boots should not be re-worn. Boots may be decontaminated by autoclave or other suitable methods identified for HCID pathogens. If these are not available, isolate boots until HCID results known.



## Step 13

• Without touching anything on yourself or in the environment, immediately wash your hands with water and liquid soap using the 6-step technique.



